

Nysa Therapy

Lunch & Learn

UNDERSTANDING CUTTING & OTHER SELF-HARM BEHAVIORS

10.18.21 | 12pm to 1pm | free to attend | 1 CEU offered

Join Nysa Therapy for a **Lunch & Learn Webinar**, where mental health students and professionals will learn tools for treating aspects of personality disorder and enhancing their practice. Our October topic, "Understanding Cutting & Other Self-Harm Behaviors," will provide attendees with a working understanding of self-harm behaviors and how the therapist can use psychodrama as an intervention.

Earn 1
CEU

After completing the training, attendees will be able to:

- Explain self-harm behavior as an internal dynamic to be resolved
- Use psychodrama as an intervention to resolve the internal dynamic

Presented by Stephen Diggs, PhD. Dr. Diggs is the founder and director of Nysa Therapy and has 25 years of study and practice in the treatment of personality disorders.

Register to attend free.



Questions? Email Mary at mary@nysatherapy.com.

This webinar is approved for 1 CE hour. Nysa Therapy has been approved by NBCC as an Approved Continuing Education provider, ACEP# 6846. Programs that do not qualify for NBCC credit are clearly identified. Nysa Therapy is solely responsible for all aspects of the programs.