

Nysa Therapy

# Lunch & Learn

## UNDERSTANDING BORDERLINE RAGE

9.27.21 | 12pm to 1pm | free to attend

Join Nysa Therapy for a **Lunch & Learn Webinar**, where mental health students and professionals will learn tools for treating aspects of personality disorder and enhancing their practice. Our first topic, "Understanding Borderline Rage," will provide attendees with a working understanding of why patients with borderline personality disorder commonly rage and how therapists can respond effectively.

Earn 1  
CEU

### After completing the training, attendees will be able to:

- Explain borderline rage as emotional regression to a right-brain infantile state
- Identify what's being communicated and use interventions to effectively calm their raging borderline patient

*Presented by Stephen Diggs, PhD. Dr. Diggs is the founder and director of Nysa Therapy and has 25 years of study and practice in the treatment of personality disorders.*

Register to attend free.



**Questions?** Email Mary at [mary@nysatherapy.com](mailto:mary@nysatherapy.com).

*This webinar is approved for 1 CE hour. Nysa Therapy has been approved by NBCC as an Approved Continuing Education provider, ACEP# 6846. Programs that do not qualify for NBCC credit are clearly identified. Nysa Therapy is solely responsible for all aspects of the programs.*