

NYSA THERAPY

Mission

Our mission is to:

- Effectively treat personality disorders, and
- Build the skills and knowledge of treating professionals through training, consultation, and research.

Vision

Our vision is to cure personality disorders in six months.

Values, Beliefs, and Operating Principles

We believe that everyone is intelligent and capable

- How is it evident?
 - We don't give advise; rather we remove barriers so that people can discover and make the choices that are best for them.
 - We understand that there are different intellegences.
 - We ask patients for their input and feedback about treatment.
 - Patients decide if and how treatment proceeds.

We are a learning organization

- How is it evident?
 - We openly share our mistakes, limitations, and blind spots, and are receptive to those observations about us from others, considering whether we need to increase skills/knowledge, compensate, or refer.
 - We welcome input from others about how we can learn and grow, and we offer the same support to our team mates.
 - We dedicate time every day to discussion, learning, and consultation.
 - We ask for guidance.
 - We engage in ongoing training, skill building, and knowledge acquisition.
 - We question and challenge what we see, hear, and believe.
 - We imagine, wonder, and explore ideas and possibilities.
 - We use deliberate processes to maximize learning.
 - We each assume the roles of both teacher and student.

We act with honesty, integrity, dignity, and respect at all times and in all things

- How is it evident?
 - We are at all times honest with ourselves, our team, and our patients.
 - We understand and are forthcoming about our limitations.
 - We operate with transparency.
 - We refer to our mission, vision, and values in our discussions and decision making.
 - We base treatment decisions on whether an action is therapeutic.
 - We maintain unwaivering professionalism.
 - We are mindful of the potential for conflicts of interest and avoid even the appearance of such.
 - We abide by all applicable laws and regulations and honor the code of ethics of our profession.